

ADVENT CALENDAR 2021

KINDNESS FACTORY...

During the festive season, spread kindness. Complete 'Acts of Kindness' or write your own.

CHRISTMAS IS THE SEASON OF GIVING!

KINDNESS IS SOMETHING THAT DOES NOT COST ANYTHING BUT CAN MAKE AN ENORMOUS DIFFERENCE TO SOMEONE!

GIVE SOME KINDNESS THIS CHRISTMAS!

Instructions:

- 1. Engage in an act of kindness every day starting on December 1st
- 2. When you complete an 'Act of kindness' cross it off your calendar
- 3. There are some empty spaces so that you can write acts that you have chosen to complete
- 4. When you have finished your Acts of Kindness Advent calendar, take a photo and post it on the Kindness factory website www.kindnessfactory.com
- 5. Visit the Kindness curriculum www.thekindnesscurriculum.com Go to the Contact us tab and tell us that you have completed your Advent calendar. We will send you a certificate!





Visit a grandparent or family friend

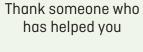


play with

Make your bed without being asked



Stack the dishwasher

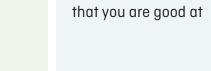


Teach someone a skill





Tell someone a joke



Play with someone you may not always

Smile at everyone for a whole day



Hold the door for the person behind you

Help make dinner for your family



Give your pet a bath

Do a job for

someone you love

Donate some old books or toys to charity

Write a happy note for someone to find





Pick up a piece of rubbish



Write a nice thing about a classmate and pass it on to them

CONGRATULATIONS **YOU MADE A DIFFERENCE TO MANY PEOPLE AND** THE WORLD!